



MENAKA SPA

MASSAGE

Cleopatra Treatment

2,500K++ (2 hours)

Experience a treatment fit for a queen with our exclusive Cleopatra's Signature Treatment. Experience deep relaxation as our therapists use aromatic oils to soothe your senses and revitalize your body

Let your body and spirit be pampered with our signature Cleopatra Treatment, a deeply nourishing journey designed to rejuvenate your skin and calm your senses. A gentle exfoliation with antioxidant-rich green tea to detoxify and refresh your skin, leaving it smooth and glowing. A warm, hydrating wrap made from fresh banana pulp and natural oils, rich in vitamins to deeply moisturize and restore softness to the skin. Complete your experience with a serene soak in a bath infused with fresh flowers and essential oils—pure bliss for body and soul.

Scrub – Green Tea Body Masked – Bath

Menaka Marma Point Face & Head Massage 600K++ (45 minutes)

Emerging during the ancient faded periods, the Marma point is considered to be an important element of Ayurveda's healing power. The Menaka Marma point massage blends this deeply relaxing and healing Indian Massage technique with acupuncture pressure points to activate the energy point, which would profoundly affect the body, mind, and spirit as well as facilitate the deepest levels of healing.

Body, Mind & Soul

900++ (90 minutes)

Luxuriate yourself in the haven of peace, synchronizing your mind and body through a choice of our one-hour Massage followed by the Ayurvedic healing technique of Marma Points head massage. This package is designed to facilitate the deepest level of relaxation and healing as well as reenergize your body, mind, and soul.

Massage Choice: Menaka Balinese Massage or Manaka Detox Massage

Honeymoon SPA

3,500K++ / couple (3 hours 30 minutes)

Celebrate togetherness with this romantic treatment ritual. In our candlelit suite enjoy an indulgent 90-minute massage followed by an Sensatia facial for him and her, next indulge in a romantic soak together in a fragrant petal-filled bath. We serve you a bottle of wine and a selection of canapes. Finishing with a rejuvenating foot massage.

Foot cleanse - 90 minutes Manaka Balinese Massage - Foot Massage Milk Bath - Sensatia Facial.

REFLEXOLOGY

Foot Reflexology

500++ (60 minutes)

The ancient Chinese Meridian points are believed to be a path through which life energy flows. Concentrating on these points, our Menaka Reflexology is designed to release tension and blockage in your body. Treat your feet, hands, arms, and shoulders to this rooted massage technique, accompanied by the enjoyment of our selection of healing, homemade herbal drinks.

Menaka Reflexology

250++ (30 minutes)

Invigorate your body through our restorative succession of foot reflexology.

FACIAL

Refreshing Facial

350++ (30 minutes)

Revitalize and restore the freshness of your skin with Bali's finest natural skincare products from Sensatia

Sensatia Facial

750++ 60 minutes

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MASSAGE

Deep Tissue Massage

950++ (90 minutes)

Our Deep Tissue Massage is a luxurious treatment that focuses on the deeper layers of muscles, tendons, and connective tissues. With slow, deliberate strokes and firm pressure, it works to release chronic tension, melt away stubborn knots, and restore balance to the entire body. This massage is ideal for guests who seek more than relaxation; it offers profound relief from muscle stiffness, fatigue, and the strains of daily life. By improving circulation, enhancing flexibility, and promoting faster recovery, it leaves the body renewed, the mind clear, and the spirit elevated.

Menaka Signature Massage

800++ (60 minutes) | 950++ (90 minutes)

Embark on the energy path of your body through deep inhalation before our Signature massage, which incorporates long strokes and enhanced stretching movements to invigorate your senses. This gentle massage approach is designed to be completely relaxing.

Menaka detox massage

750++ (60 minutes) | 900++ (90 minutes)

Treat your body as a little getaway from its daily routine with our detox massage, which helps release accumulated toxins in your body. Combining a variety of massage techniques and whole arm and elbow movements, the Detox massage is designed to relieve muscle tension and reawaken energy.

Menaka Balinese Massage

700++ (60 minutes) | 900++ (90 minutes)

Reenergize yourself through the deep-tissue palm pressure technique combined with the body pressure point incorporated in this ancient Balinese massage. It's the perfect way to reconnect to your body and release your daily life tensions.

Hot Stone Soothing Massage

1,200K++ (90 minutes)

The heat from specially selected river stones, combined with the rhythmic Balinese massage, creates a nurturing sensation for body and mind. Surrender to a pleasure sensation as the hot rocks are placed along your spine, palms, feet, and other stimulating areas, which help to ease tense muscles, reduce anxiety, and restore sleep.

Jetlag Recovery

1,800K++ (2,5 hours)

Endure into a sensational and intoxicating skein of massage etiquette created to release the long-haul journey effects. Commenced with our 1-hour foot reflexology which concentrates on the Ancient Chinese Meridian points to release tension and blockage in your body, while allowing each sip of our detox juice to cleanse the internal system of the temple of your soul, this package is followed by Manaka Balinese massage and Marma point face and head massage to prepare yourself for an exotic vacation in this tropical Paradise. Reflexology-Manaka Balinese Massage-Marma Point Face and Head Massage.

BODY TREATMENT

Bath Selections

250++

Chocolate bath, mint milk bath, detox soak.

Borah Borah Scrub Instant

600++ (60 minutes)

Pamper your skin with a centuries-old healing body scrub recipe of healthy home-grown herbs and alluring sweet and woody spices which has been passed down through generations and is well known to increase blood circulation and ease aches and pains. This complete Boreh body scrub leaves you with soft and revitalized skin. Wrap it with an aromatic bath for all relaxation.

Scrub – Body Masked – Bath

Uluwatu Kelapa Scrub

600++ (60 minutes)

Reveal softer and glowing skin with gently exfoliating coconut copra while its texture and smell awaken your senses. Soak your body with coconut milk and complete it with an aromatic bath which will leave your whole body feeling relaxed yet energized.

Aloe Scrub

600++ (60 minutes)

A total indulgence for your skin begins with a cooling aloe scrub to exfoliate, lighten, and hydrate your skin, followed by a light massage to stimulate blood circulation. Complement it with an aloe vera mask lavishly slathered to soothe sunburn and an aromatic bath for a perfect sanctuary.

Scrub – Body Masked – Bath

NAIL TREATMENT

SPA Pedicure

250++ (60 minutes)

Our spa pedicure includes a soak with mint essential oil, cuticle grooming, a relaxing mini foot massage, skin exfoliation, shaping, and perfect painting with a range of polishes, for gents, we offer buffing or a clear finish.

SPA Manicure

250++ (60 minutes)

Our spa manicure includes a soak with mint essential oil, cuticle grooming, a relaxing mini hand massage, skin exfoliation, shaping, and perfect painting with a range of polishes, for gents, we offer buffing or a clear finish.

Quick manicure

180++ (30 minutes)

Hand soak – cuticle grooming – shaping – buffing.

Quick pedicure

180++ (30 minutes)

Foot soak – cuticle grooming – shaping – buffing.